

## WOUND CARE AFTER LIQUID NITROGEN THERAPY

- Liquid nitrogen treatment of the skin produces a local “frostbite” and is used to treat a variety of skin conditions.
- The treated areas may be red, swollen and painful for up to several hours after the procedure. Typically, a blister or scab develops within 12-24 hours.
- Gently clean the wounds daily with soap and water during your bath or shower. You may keep the area covered with a bandage or leave it open to the air. Keeping the wound moist with antibiotic ointment, Vaseline, CeraVe Healing Ointment or Aquaphor may improve healing, but this is not absolutely necessary.
- It may take anywhere from 1 to 3 weeks for the treated areas to form a scab and fall off. Do not pick at these scabs, or it may cause scarring.
- Deeper wounds may sometimes develop a blister with clear yellow or bloody fluid. If needed, the blister may be drained with a needle sterilized with alcohol.
- After the wound is healed, a pink or light-brown discoloration will remain, which takes several weeks (and sometimes months) to resolve. **Bio-oil** (available in our office or in drugstores) can be applied twice daily to the healed wound to minimize the discolorations.
- Please be certain to return to any recommended follow up appointments with Dr. Brown. Lesions may take more than 1 treatment to completely clear.